Flower Pops

By Alex Anderson; quilted by Angela Walters
Quilt size 58” x 58”; block size 10” x 10”
Featuring Quilters Select™ fusibles, stabilizers, and batting
Flower Pops instructions

Quilt size 58” x 58”
Block size 10” x 10”

Fabric & Cutting Requirements

<table>
<thead>
<tr>
<th>Fabric Type</th>
<th>Yards Cut</th>
<th>Cut</th>
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</thead>
<tbody>
<tr>
<td>White solid</td>
<td>3 yds.</td>
<td>10 border strips 2½” x WOF, 9 A, 58 D, 12 E</td>
</tr>
<tr>
<td>Bright prints</td>
<td>2¼ yd.</td>
<td>112 circles, 24 B 58 D</td>
</tr>
<tr>
<td>Polka dot print</td>
<td>½ yd.</td>
<td>16 C</td>
</tr>
<tr>
<td>Green prints</td>
<td>½ yd.</td>
<td>48 leaves, 18 strips ¾” x 8½”</td>
</tr>
<tr>
<td>Assorted stripes</td>
<td>¾ yd.</td>
<td>7 binding strips 2½” x WOF</td>
</tr>
<tr>
<td>Backing</td>
<td>3⅔ yds.</td>
<td>2 panels 34” x 66”</td>
</tr>
<tr>
<td>Batting</td>
<td></td>
<td>66” x 66”</td>
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</tbody>
</table>

Yardage is based on fabric 40” wide. A’s are cut oversize and will be trimmed after the applique is completed.

Also needed: 2½ yds. 20” Quilters Select Appli-Stick or equivalent, 2 yds. Quilters Select TearAway, Teflon pressing sheet or parchment paper; thread to match the applique fabrics; Quilters Select Soft Machine Batting

Patches
A = 11½” square
B = 2½” x 10½” rectangle
C = 2½” square
D = 4½” square
E = 3½” square

Getting started
Presoak print fabrics in hot water until all excess dye is released. Press all fabrics. Starch lightly if desired.
Print the Flower Pops circle and leaf applique patterns.

Cutting the white solid
Cut the 2½” border strips first and set them aside. Join the strips end to end with diagonal seams to make one long strip. Cut the long strip into the following: 2 strips 58½”; 2 strips 54½”; 2 strips 42½”; 2 strips 38½”. Set them aside.

Cut the patches listed in the Fabric & Cutting Requirements. The A patches are oversize and will be trimmed after the applique is completed.

Cutting the prints
The Fabric & Cutting Requirements list the total number of patches needed to make the quilt. For a scrappy quilt like this, Alex waits to cut these patches as she makes the blocks.

Applique the flower pop blocks
Refer to the manufacturer’s directions. Trace the circles onto the paper side of the Appli-Stick, leaving a little room between the motifs. Cut the traced shapes out roughly and fuse them to the back side of your chosen fabrics. Once fused, cut the patches on the drawn lines. Repeat for the leaf patches. Similarly, apply Appli-Stick to your chosen stem fabrics. Cut strips for stems as directed in the Fabric & Cutting requirements.

Fold a solid white A in half diagonally twice and finger press the folds to locate the center.

Referring to the applique placement diagram and using the folds as a guide, position 2 stems, 12 circles, and 4 leaves on the A. Fuse the patches in place.

Cut a piece of Select TearAway slightly larger than the area to be appliqued. Place the shiny side of the TearAway on the back side of the A. Cover the stabilizer with the pressing sheet or parchment and fuse in place. Using matching thread and a small blanket or zigzag stitch, stitch around the edges of the applique patches. Once stitching is complete, gently tear away the excess stabilizer.

Place the appliqued A face down on a padded surface and press. Measuring from the center, trim the block to 10½” square. Make 9.
Assembling the quilt center
Refer to the quilt center assembly diagram. Sew 4 C’s alternately with 3 B’s to make a sash row. Press the seam allowances toward the B’s. Make 4.

Sew 4 B’s alternately with 3 appliqued blocks to make a block row. Press the seam allowances toward the B’s. Make 3.

Matching centers, ends, and seams, join the sash rows alternately with the block rows. Press. Matching centers and ends, join the 381/2˝ white solid strips to the sides of the quilt center. Similarly, join the 421/2˝ strips to the top and bottom of the quilt center. The quilt center should now measure 421/2˝ square, raw edge to raw edge.

Make the half-square triangle units
Referring to Fig. 1, draw a diagonal line, corner to corner, on the back of a solid white D. Place this D right sides together with a print D. Stitch with a 1/4˝ seam on both sides of the drawn line. Cut on the drawn line. Press the triangles open.

Measuring from the center, trim the half-square triangle units to measure 31/2˝ square. Repeat with the remaining A’s to make 116 half-square triangle units.

Make the pieced borders and corner units
On a design wall or large flat surface, arrange 28 half-square triangle units in 2 rows as shown in the border piecing diagram, paying careful attention to the orientation of the units. When you are satisfied with the arrangement, join the units into rows. Join the rows. Make 4 like this.

Referring to the corner unit diagram, join 3 white E’s and a half-square triangle unit to make a corner unit. Position 3 leaves and a circle on the corner unit. Fuse the patches in place.
Cut a piece of Select TearAway slightly larger than the area to be appliqued. Place the shiny side of the TearAway on the back side of the corner unit. Cover the stabilizer with the pressing sheet or parchment and fuse in place. Using matching thread and a small blanket or zigzag stitch, stitch around the edges of the applique patches. Once stitching is complete, gently tear away the excess stabilizer. Make 4 corner units.

Referring to the quilt assembly diagram, match centers and ends and join 2 pieced borders to the sides of the quilt. Sew a corner unit to each end of the remaining pieced borders. Sew these borders to the top and bottom of the quilt.

**Add the final borders**

Matching centers and ends, join the $54\frac{1}{2}$” white solid strips to the sides of the quilt center. Similarly, join the $58\frac{1}{2}$” strips to the top and bottom of the quilt center.

**Finishing the quilt**

Refer to the manufacturer’s instructions for helpful tips for fusing Select Soft Machine Batting.

Set your iron for a rayon/polyester setting. Lay Select Soft Machine Batting on the ironing board or work surface. Mist the batting lightly and evenly with water. Layer the backing fabric on the batting. Press evenly with the iron, one section at a time. Let cool to room temperature.

After the backing is adhered, flip the batting over and repeat to fuse the quilt top.

Refer to the quilt photo to see Angela’s quilting motifs. Quilt as Angela did or as desired.

Join the binding strips end to end. Fold in half lengthwise, wrong sides together, and press. Bind the quilt to finish.