

# DESIGN N STITCH

*with Quilters Select*

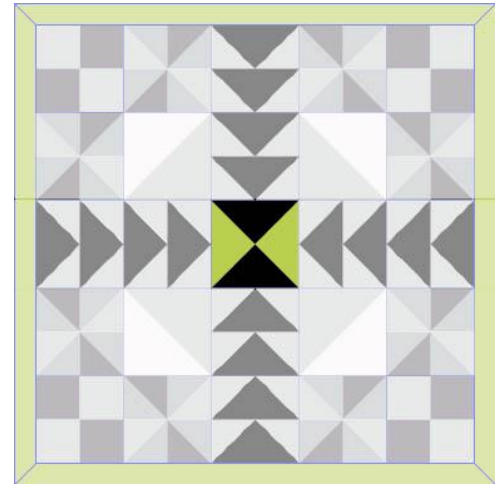
## Simply Sew Modern Stitch Along with Quilters Select

### Technique Featured:

- Hour Glass (HG) Units, a.k.a. Quarter Square Triangles (QST)
- This creates over-sized QSTs and will be trimmed down

### Pro-Tips:

- Read through all instructions before beginning.
- Cut sizes are listed with length of grain x width of grain.
- Seam Allowance= 1/4"
- rst = right sides together



## Hour Glass / Quarter Square Triangle

Dark Fabric ( 5 ):

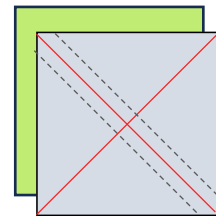
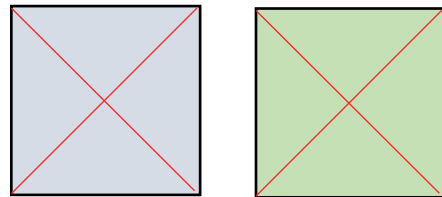
Cut (1) 10" square

Accent Fabric ( 6 ):

Cut (1) 10" square

*Pro-Tip: For the fastest and most accurate cutting, use a 10" x 10" ruler.*

- Draw two diagonal lines corner to corner on the wrong side of each fabric (5) and (6) forming an X.
- Place the squares rst and stitch 1/4" away, on both sides of ONE drawn line.



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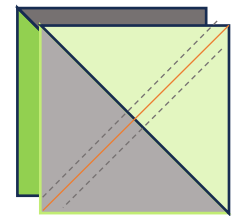
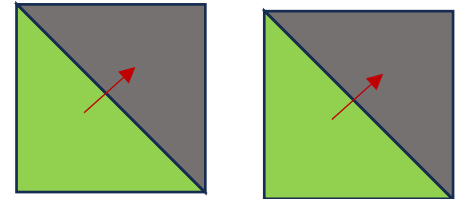
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- Cut on the drawn line between the two lines of stitching creating two HSTs.
- Press each to the dark side.
- Place the two HSTs rsl being careful to place the opposite colors on top of each other & align the seams. Stitch  $\frac{1}{4}$ " on each side of the drawn line



*Pro-Tip: Before stitching across the seam, next the center seams together. This results in the most accurate center match.*

- Cut on the drawn line between the two lines of stitching.
- Press seams to the dark side.
- Trim to  $8\frac{1}{2}$  inches square being careful to keep the intersection in the center.
- Makes two oversized QSTs. Once is needed for the center, reserve the other for another project.



*Trim to  $8\frac{1}{2}$ "*

*Hint: Wouldn't that extra QST be cute on the back!*

## OPTIONAL CENTER BLOCK

*The technique shown below uses a stitch and trim (also known as the stitch and flip) method for more precise units & lends itself well to working with directional fabrics and fussy cutting.*

### Square in Square – the stitch and flip method – makes one

Dark Fabric ( 5 ):

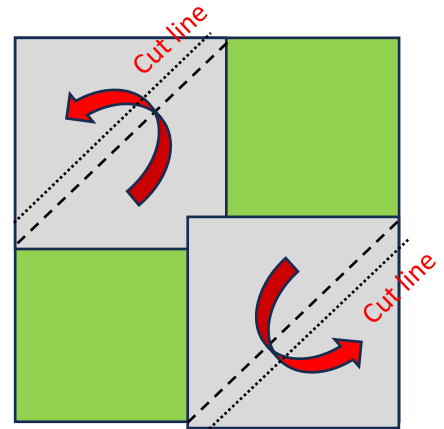
Cut (1) 8 ½" x 8 ½" Square

Accent Fabric ( 6 ):

Cut (1) Strip 4 1/2"x WOF, subcut into (4) 4 ½" squares

- On the back of each 4 ½" square draw a diagonal line corner to corner.
- Place a small square on each of two opposing corners of Fabric (5) square. Marked line positioned as shown & RST.
- Sew on the line. Fold the fabric on the sewn line and press. There will be three layers of fabric at the corner.

*Pro-Tip: Ensure proper placement and sewing by checking that the raw edges of all three layers of fabric align into a neat stack.*

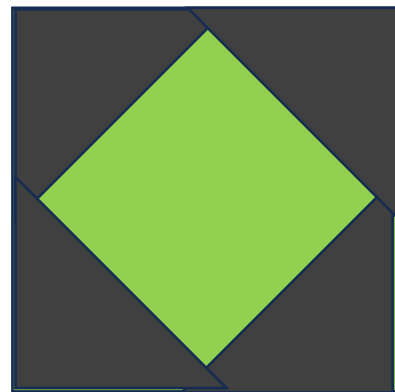
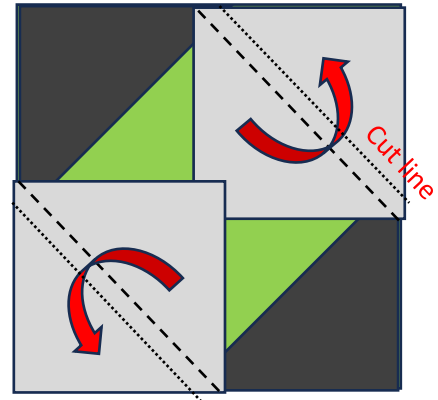


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- Once satisfied with the alignment, trim the back two layers and flip the triangle back into place & press before proceeding

- Place the remaining Fabric (6) square RST in remaining Fabric (5) corners as shown.
- Follow the direction above for sewing, trimming and pressing to construct the remaining triangle corners.



*Unit measures 8 1/2" square*