

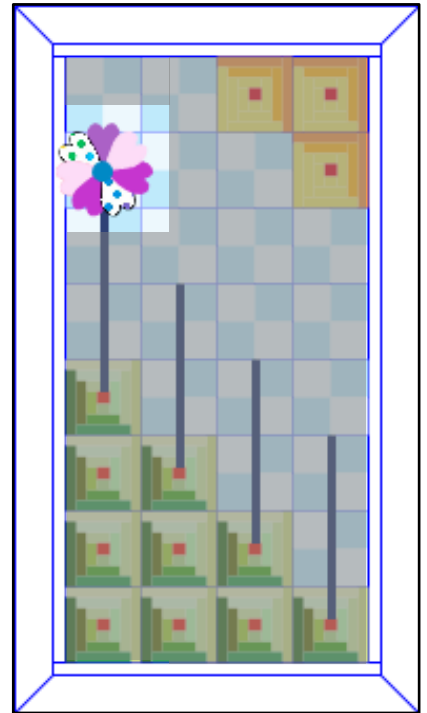
## 2025 - Whirligig Garden Stitch Along – Week 5

### **Whirligig Heart** – turned-edge applique by machine

*Turned-edge appliqué is a sewing technique that creates a clean, polished finish by turning the raw edges of a fabric shape under before stitching it onto a background fabric. It produces a smooth, refined look.*

*Traditionally the stitcher hand sews using the needle to turn the seam allowance under as they stitch the piece to the background.*

*Happily, we will be using our sewing machine to achieve similar results!*



### *Supplies Needed:*

- 1/8 yard each of 3 – 4 printed fabrics
- Quilters Select Print & Piece or Print & Piece Fuse Lite
- Quilters Select Glue Stick
- Pinking shears (optional)

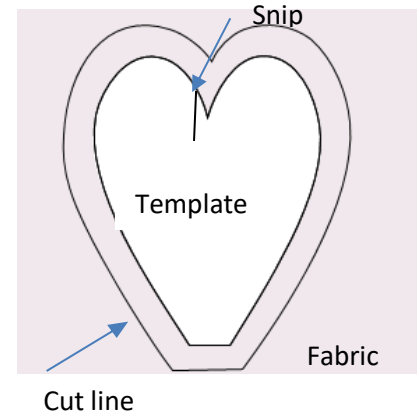


## Turned Edge Applique Technique

- Select the template pattern according to the size quilt (large or small version). Print a test template on plain paper (print at 100%/do not scale). The printed square should measure 1".
  - Print heart templates onto the non-shiny side of Print & Piece Fuse Lite or Print & Piece.
  - Cut out 7 hearts on the line.
  - Place fabric wrong side up on the ironing board
  - Place the hearts fusible side down on the fabric (or secure with a glue stick if not using fusible template paper) leaving at least 1/2" of space between each heart for the seam allowance.
  - Fuse using a low temperature iron.
  - Cut ¼" away from the edge around each heart template.
  - Snip almost to the template as shown.
  - With the heart wrong side up, apply Glue Stick along the heart seam allowance.
  - Fold edges over to stick to the template
- NOTE: There is no need to remove Print & Piece templates. When wet, half of the fibers will dissipate. The remaining fibers will create a slight loft under the applique.
- Make 7.

### Stay Organized:

- Place prepared appliques in a zip-top bag; label Hearts.
- All applique components will be constructed over the next several tutorials. They will be stitched to the background after the borders are added.



### Pro Tips:

*Use pinking shears to cut the fabric. It makes smoother curved edges when turning under.*

*Apply glue in small segments as it dries quickly*

### Alternative Technique

- Cut out one heart template using template plastic, sturdy cardstock or similar product.
- Cut fabric hearts ¼ inch bigger than the template.
- Center the template on back of the heart-shaped fabric
- Fold edges over onto the template.
- Press and remove template for reuse.