

# Quilt Along with QUILTERS SELECT®

## Be Still: Cutting & Basic Unit Construction

Base Unit: Signature Block

Techniques Featured:

- Stitch & Flip
- Bonus HST



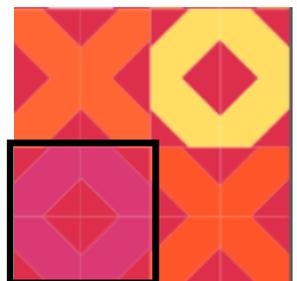
Signature Block  
4.5" Finished

Pro-Tips:

- Read through all instructions before beginning.
- Seam Allowance= 1/4"
- Base unit/Signature Block construction is the same for each of the variations shown in the Just the Facts handout; the number of units needed will differ. Refer to your planned layout/coloring sheet. Each X or O requires four Signature Units.
- **NOTE: This instruction set is for non-directional fabrics. Directional fabric considerations will be addressed in the next installment.**



Be Still Layout  
54 1/2" x 63 1/2" before borders



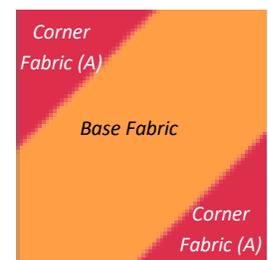
Hugs & Kisses  
Each X or O unit: 9 1/2" (9" finished)

## Cutting the Blocks:

The unit is constructed using Stitch & Flip; note the position of the base fabric and the corners when cutting/planning fabric use.

Fabric (A): Cut (18) 2 3/4" strips x WOF  
Cross cut the strips into 2 3/4" squares (total of 240).

Base Fabric Cut (120 total) 5" x 5"  
*Note: refer to Just the Facts for fabric recommendations & your variation/color sheet for the exact number needed of each of your base fabrics.*  
*The X & O illusion is most readily visible when all four base fabrics match.*



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## Assembling the Blocks:

*NOTE: Remember to set aside any directional Base Fabrics for the next installment.*

- Mark wrong side of Fabric (A) square from corner to corner and again 1/2" from the center mark if making the Bonus HST units.
- Two Fabric (A) squares are needed for each Base Fabric.

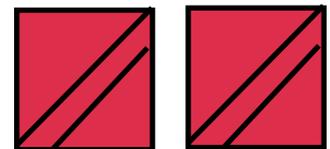
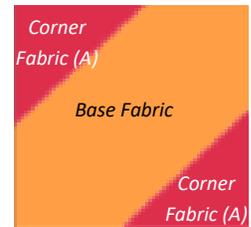
*Pro Tip: Quilters Select Self Erase Marker is perfect for this step. The fabric safe marker glides rather than drags across the fabric making for more accurate lines. As the marker is air-soluble, mark only as many units as will be sewn in a sitting to avoid having to re-mark.*

- Place marked (A) right sides together on one corner of Base. Match the corners and edges as perfectly as possible.
- Stitch DIRECTLY on the marked center line, then stitch on the second line.
- Repeat with a second (A) square in the opposite corner.
- Cut apart between the rows of stitching. If not stitching the Bonus HST, cut 1/4" away from the center row of stitching.

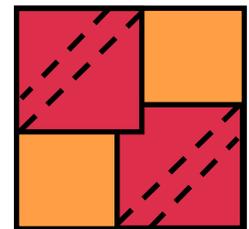
*BONUS HST: Each HST segment may vary slightly in size. Press seams open and set aside until ready to square each up for another project.*

- Press each trimmed unit as illustrated paying attention to the direction of the base. Or press each seam open.
- Each unit should measure 5" x 5".

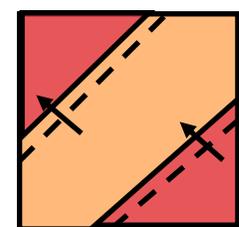
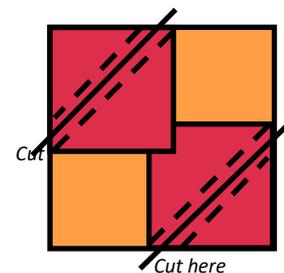
*Two weeks are allotted for the stitching of the base units. The goal for this week is to complete all cutting & stitch/trim/press 60 of the Signature Units.*



*Mark the center and 1/2" away for Bonus HST units.*



*Stitch DIRECTLY on the marked lines.*



*Press seam allowances in direction as shown.*

