

# Quilt Along with QUILTERS SELECT®

## Be Still: Cutting *Directional* Units & Basic Construction

Base Unit: *Signature Block*

Techniques Featured:

- Directional Fabric Use
- Stitch & Flip
- Bonus HST



Signature Block  
4.5" Finished



Be Still Layout  
54 1/2" x 63 1/2" before borders

Pro-Tips:

- Read through all instructions before beginning.
- Seam Allowance= 1/4"
- Base unit/*Signature Block* construction is the same for each of the variations shown in the Just the Facts handout; the number of units needed will differ. Refer to your planned layout/coloring sheet. Each X or O requires four *Signature Units*.
- **NOTE: This instruction set covers construction specifics for working with directional base fabrics.**

### Cutting the Directional Blocks:

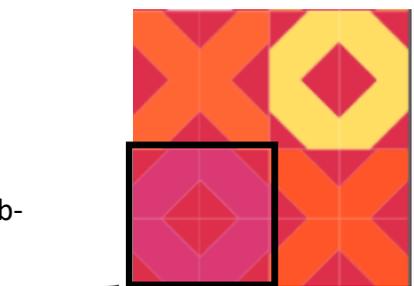
The unit is constructed using Stitch & Flip; note the position of the base fabric and the corners when cutting/planning fabric use.

Fabric (A): Cut (2) 2 3/4" x 2 3/4" for EACH Directional  
Base Fabric square cut (8 per X or O)

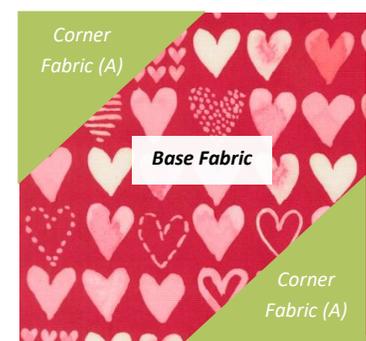
Base Fabric Cut : 5" x 5" from directional fabrics  
(Four per X or O)

The following instructions are based on the assumption that 4 directional base fabrics will be used to create an X or O block during construction (next installment)

Note: Refer to *Just the Facts* for fabric recommendations & your variation/color sheet for the exact number needed of each of your base fabrics.



Hugs & Kisses  
Each X or O unit: 9 1/2" (9" finished)



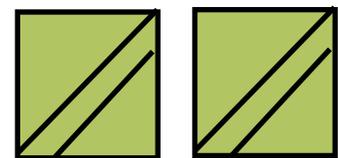
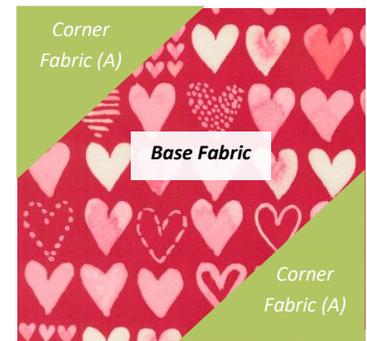
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## Assembling the Directional Blocks:

*Note: Instructions assume four directional base units will be used in each X or O unit featuring a directional fabric.*

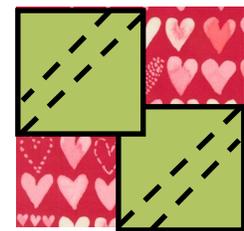
- Mark wrong side of Fabric (A) square from corner to corner and again 1/2" from the center mark if making the Bonus HST units.
- Two Fabric (A) squares are needed for each Base Fabric.

*Pro Tip: Quilters Select Self Erase Marker is perfect for this step. The fabric safe marker glides rather than drags across the fabric making for more accurate lines. As the marker is air-soluble, mark only as many units as will be sewn in a sitting to avoid having to re-mark.*

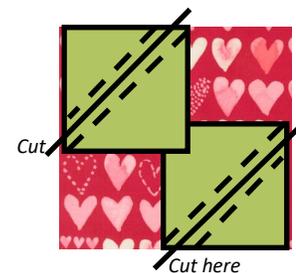


Mark the center and 1/2" away for Bonus HST units.

- Place marked (A) right sides together on one corner of Base. Match the corners and edges as perfectly as possible.
- Stitch DIRECTLY on the marked center line, then stitch on the second line.
- Repeat with a second (A) square in the opposite corner.
- Cut apart between the rows of stitching. If not stitching the Bonus HST, cut 1/4" away from the center row of stitching.
- Make 2.

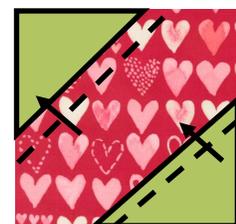


Stitch DIRECTLY on the marked lines.



*BONUS HST: Each HST segment may vary slightly in size. Press seams open and set aside until ready to square each up for another project.*

- Press each trimmed unit as illustrated paying attention to the direction of the base. Or press each seam open.
- Each unit should measure 5" x 5".



Press seam allowances in direction as shown.



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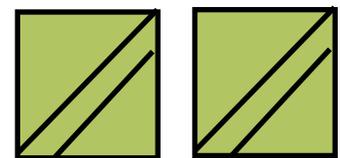
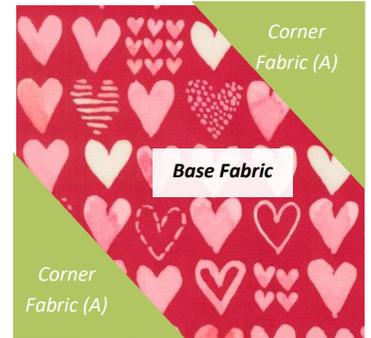
*Pro Tip: Quilters Select Self Erase Marker is perfect for this step. The fabric safe marker glides rather than drags across the fabric making for more accurate lines. As the marker is air-soluble, mark only as many units as will be sewn in a sitting to avoid having to re-mark.*

- NOTE THE CHANGE IN PLACEMENT OF THE (A) SQUARES.
- Place marked (A) right sides together on one corner of Base. Match the corners and edges as perfectly as possible.
- Stitch DIRECTLY on the marked center line, then stitch on the second line.
- Repeat with a second (A) square in the opposite corner.
- Cut apart between the rows of stitching. If not stitching the Bonus HST, cut 1/4" away from the center row of stitching.
- Make 2.

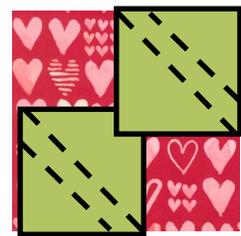
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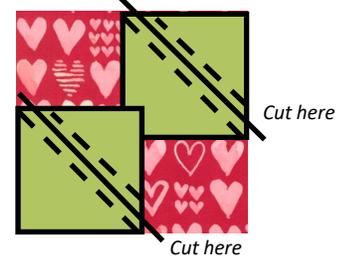
*The goal this week is to complete all Signature Units (total of 120 for Be Still Lay-out).*



*Mark the center and 1/2" away for Bonus HST units.*



*Stitch DIRECTLY on the marked lines.*



*Press seam allowances in direction as shown.*

