

# Quilt Along with QUILTERS SELECT®

## Be Still My Quilting Heart!

Take the simple, classic Signature Block & give it a twist to create something completely different. The Be Still layout features two sizes of the Signature Block, mirrored to create the effect of X & O units. The large Just Breathe unit features a smaller set of the same block, again placed in the X&O formation, rounded out with half-square triangle units giving the impression of a heart. Every Signature Block is constructed in the same manner; the magic happens with unit rotation & color placement.

Choose the full Be Still quilt, create your own layout with Hugs & Kisses units or the classic Signature Layout (see coloring pages). Or stitch up a single Just Breathe unit to make a wall-hanging or throw pillow.

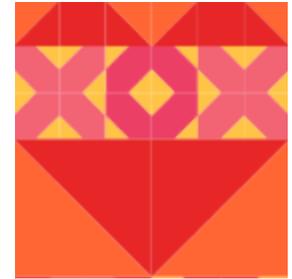
Resource links will be emailed and posted on the Official Quilters Select Facebook Group page.

- 1/19 *Just the Facts > Choose your Adventure*
- 1/26 *Basic Unit Construction*
- 2/2 *Unit Construction Cont.*
- 2/9 *Block Construction (X Blocks)*
- 2/16 *Block Construction (O Blocks)*
- 2/23 *Heart Units/Construction pt 1*
- 3/2 *Heart Units/Construction pt 2*
- 3/9 *Putting it All Together*

Resources will be housed on the Quilters Select Facebook Group page

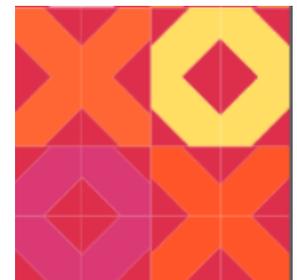
Link: [\(20+\) The Official Quilters Select Group | Facebook](#) )

- Coloring Pages
- Block mock-up
- Weekly Video & Supplemental Handout.



*Just Breathe*

Unit measures 18 1/2" (18 finished)



*Hugs & Kisses*

Each X or O unit: 9 1/2" (9" finished)



*Be Still Layout*

54 1/2" x 63 1/2" before borders



## Tell Me More....

### Block details:

- *Finished Signature Block* unit size: 4.5"
- *Finished Block* (large X or O/larger units): 9":
- **Yardage information** is based on Be Still Layout shown on page 1.  
Finished size WITHOUT borders: 54" x 63".



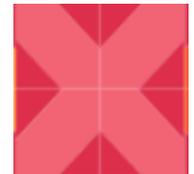
Signature Block  
4.5" Finished

### Yardage Recommendation

- 1 1/2 yards of corner accent fabric (A) (*lg signature units*)
- 1/2 yard heart background fabric (B) (*Just Breathe unit*)
- 1/2 yd heart fabric (C) (*Just Breathe Unit*)
- 1/2 yd corner accent fabric (D) (*sm Just Breathe signature units*)



"Hug/O" Block  
9" Finished

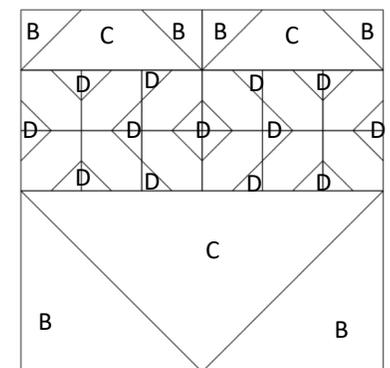
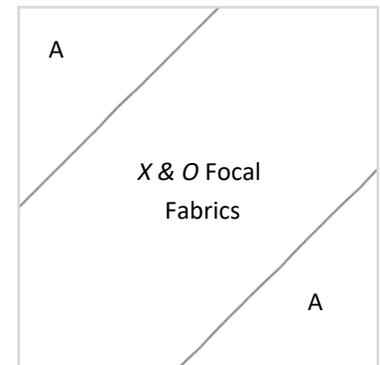


"Kiss/X" Block  
9" Finished

- X & O fabrics/focal fabrics:

*The illusion of the X & O is more readily visible when all four Signature blocks feature the same or very similar fabrics .*

- Each *large* Signature Block requires a 5" x 5" cut for a total of 120 squares. (approx. 1 1/2 –2 yards total)
- A 10" Precut stack is PERFECT.
- Each *small* Signature Block requires a 3 1/2" x 3 1/2" cut for a total of 36 squares.

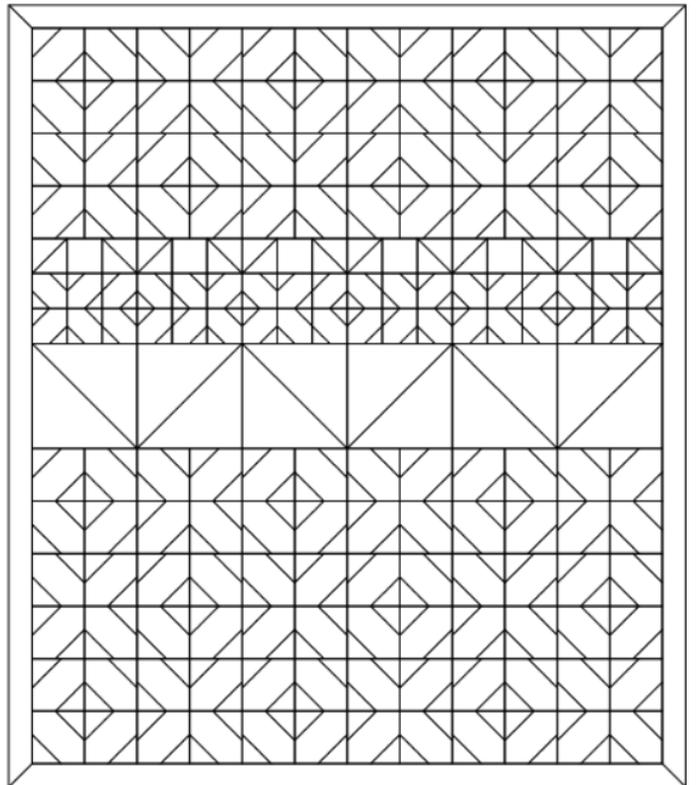
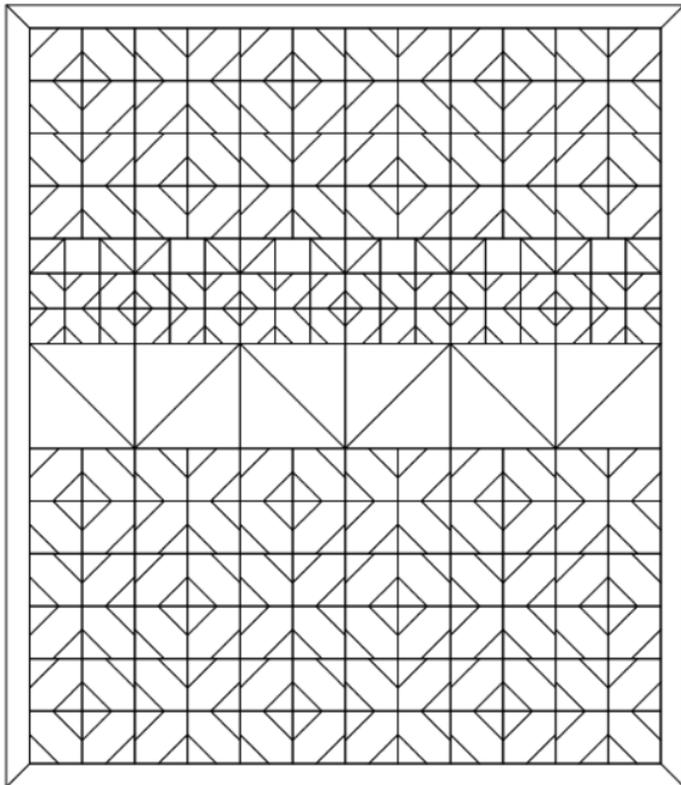
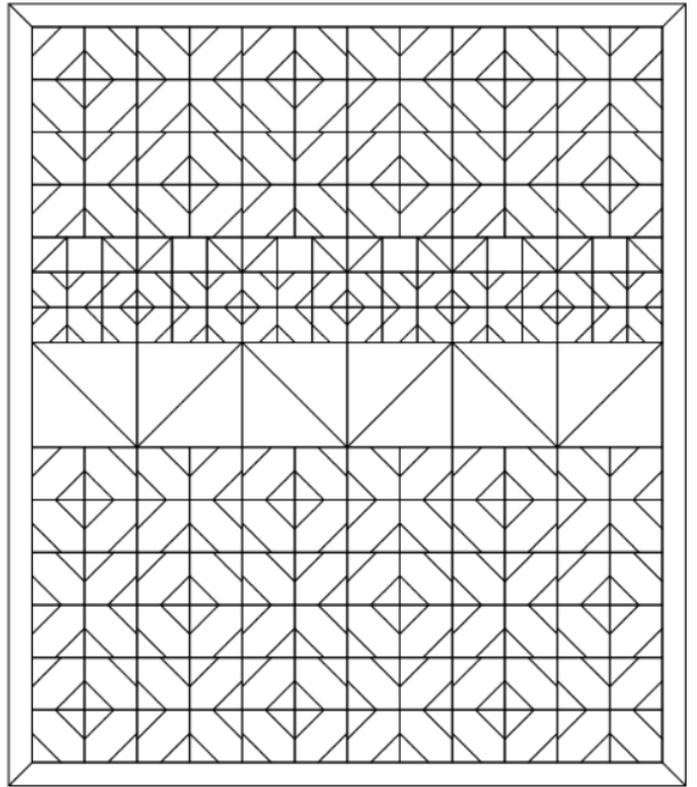


### Recommended Rulers & Notions:

*Note: Ruler sizes based on personal preference & listed in order of "importance".*

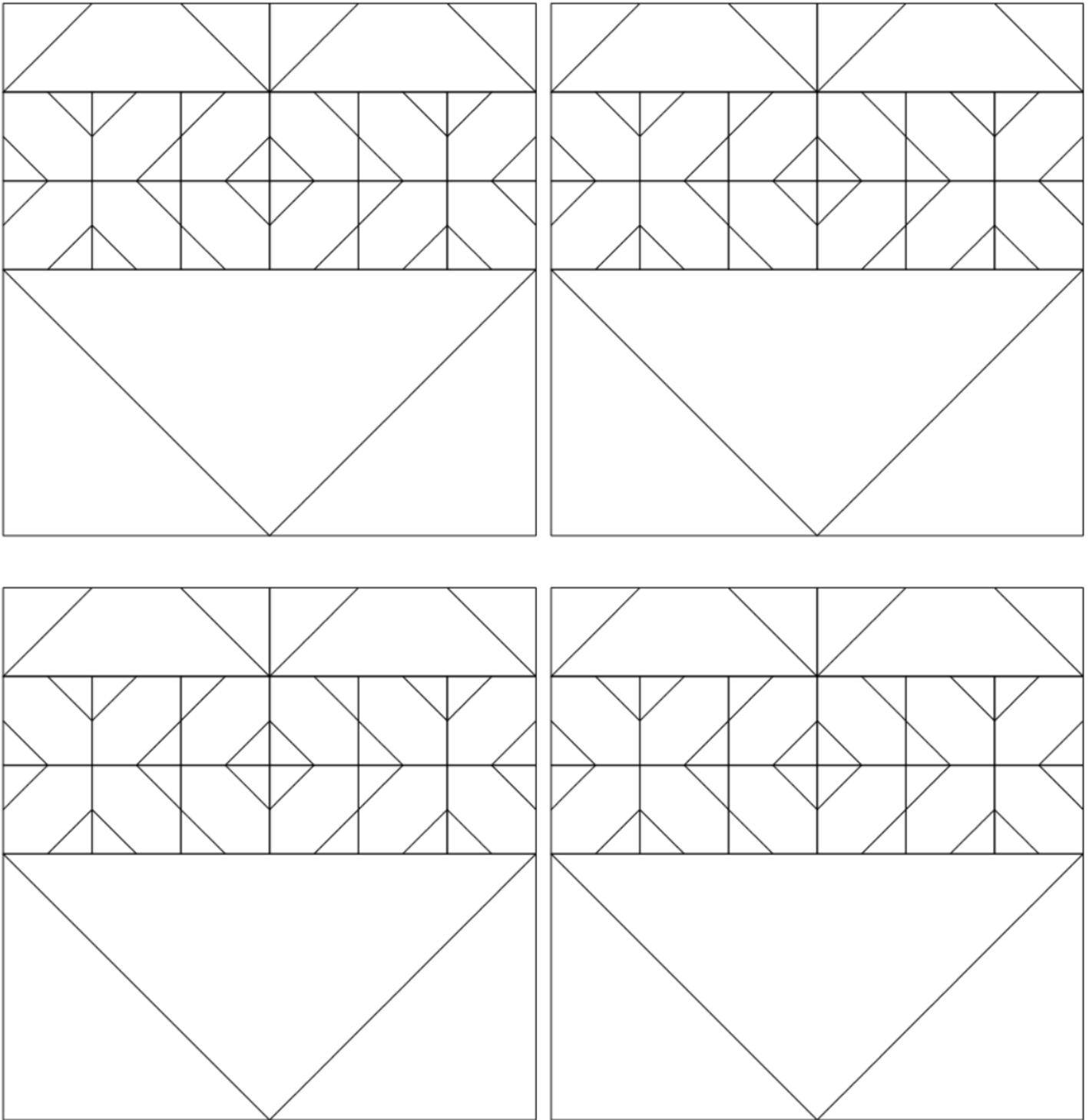
- Quilters Select 6.5" x 24" or 8.5" x 12" Non Slip Ruler
- Quilters Select 6.5" x 6.5" Non-Slip Ruler
- Quilters Select 2 1/2" x 12" Non-Slip Ruler
- Quilters Select 12.x" x 12.5" Non-Slip Ruler
- Quilters Select Rotary Cutter (45mm) and Mat (18" x 24" mat or larger)
- Quilters Select 60wt 80wt thread
- Quilters Select Self Erase Fabric Marker





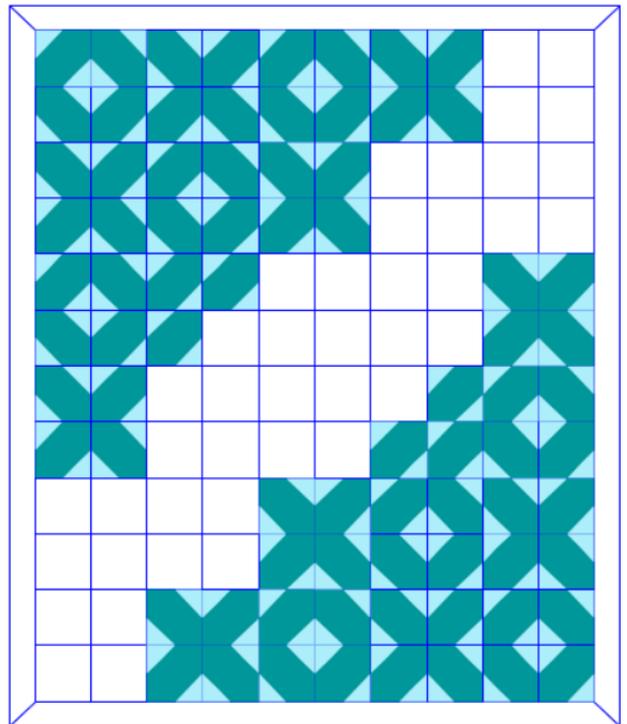
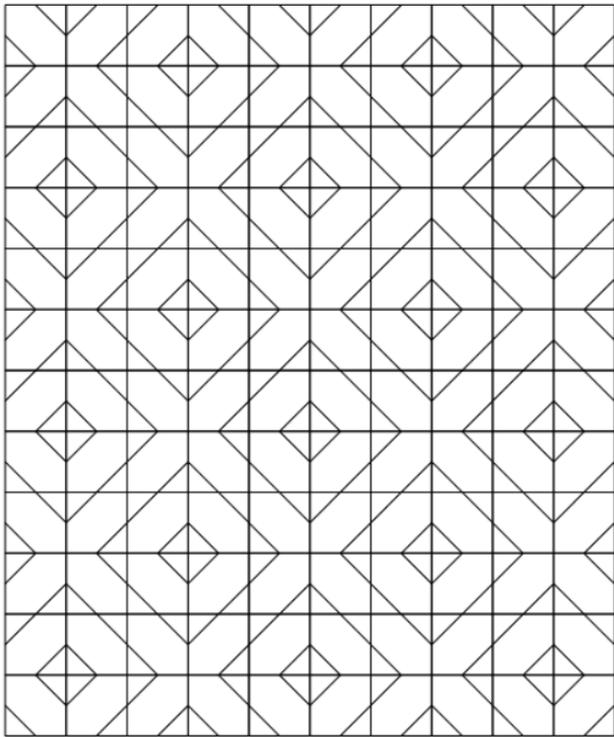
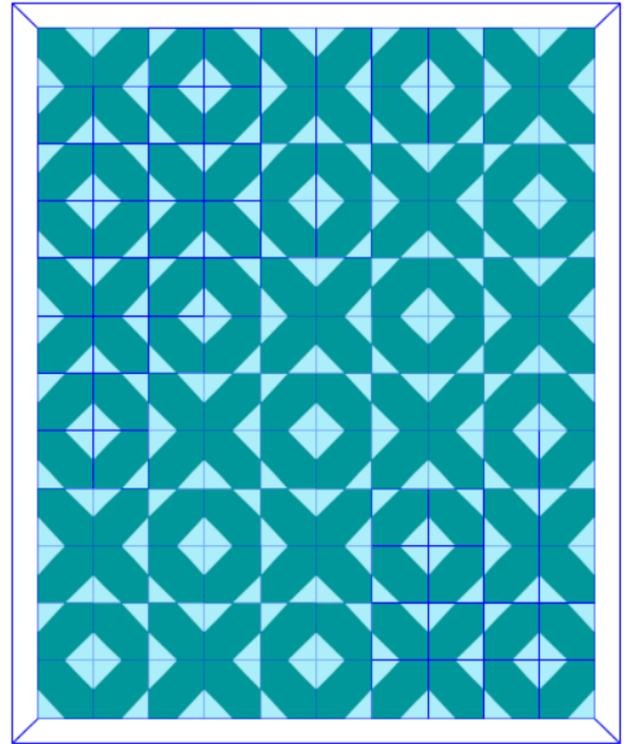
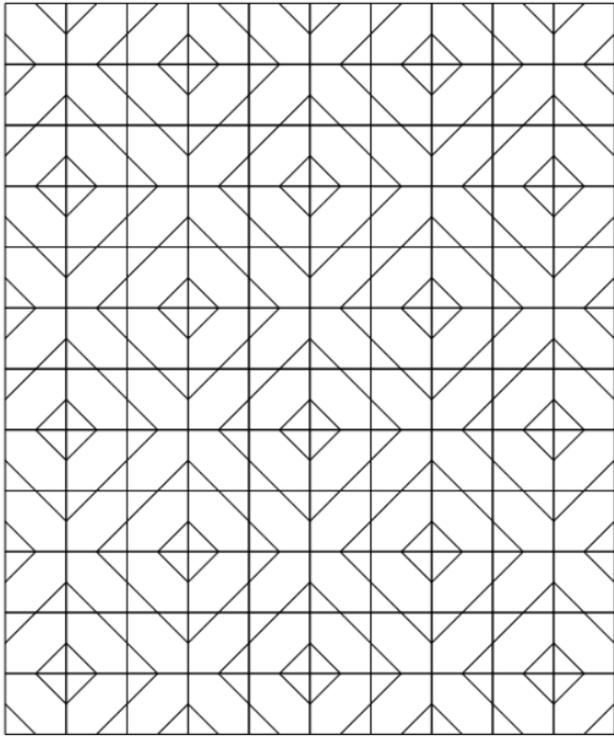
Coloring Page: Be Still





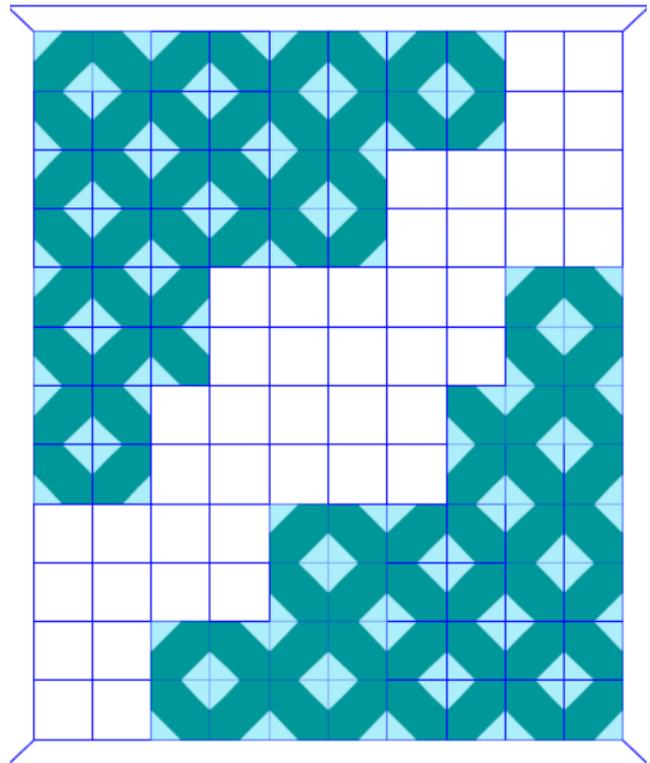
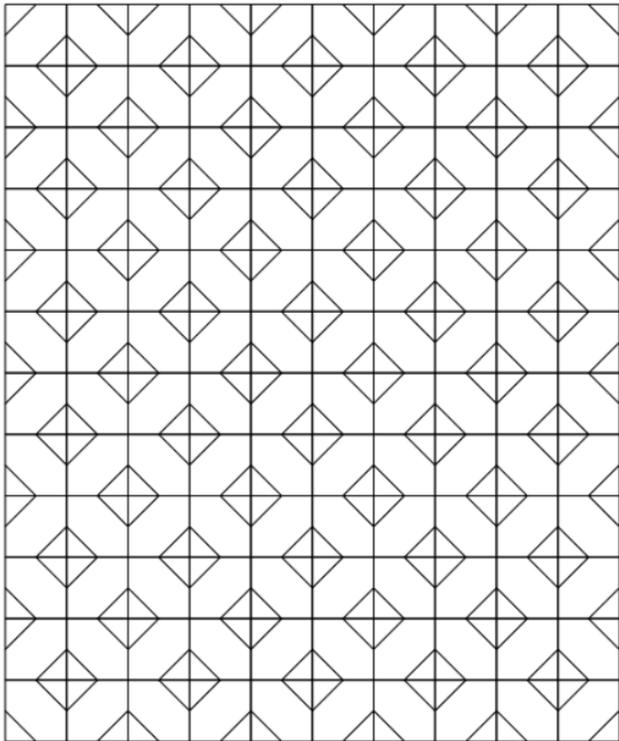
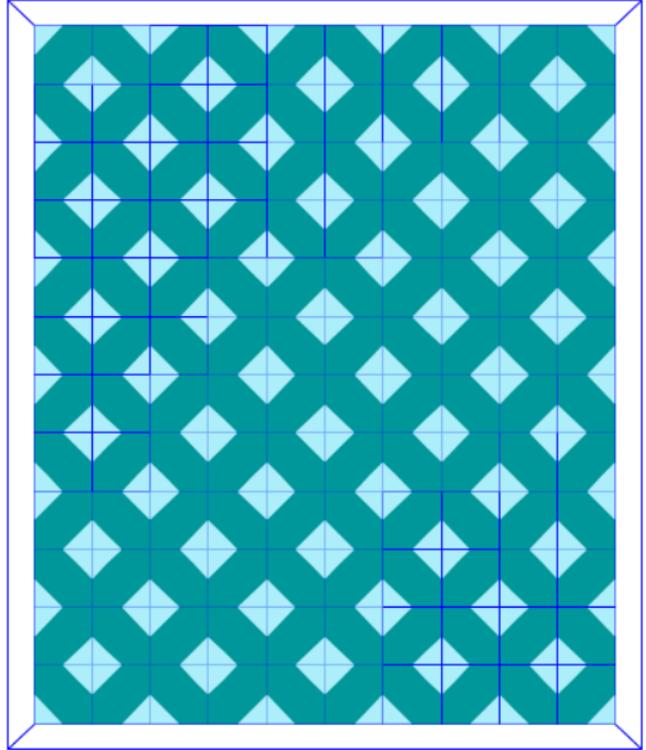
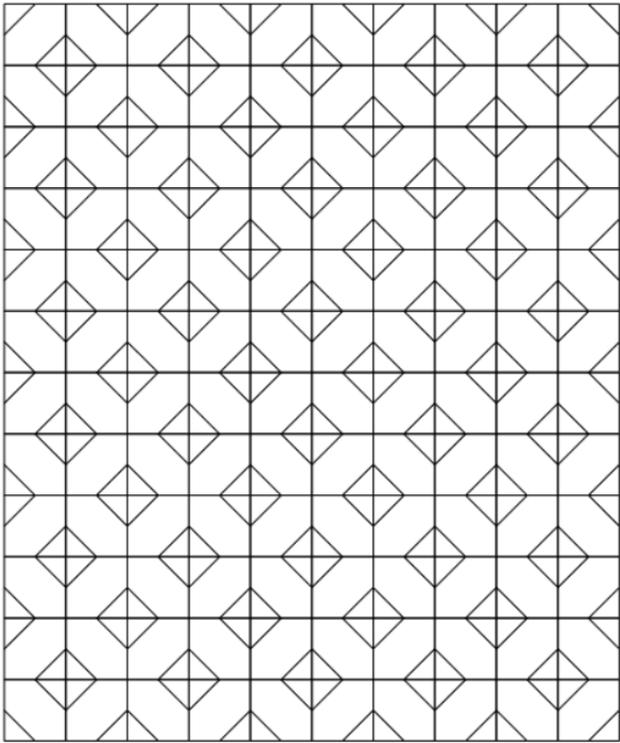
Coloring page: Just Breathe





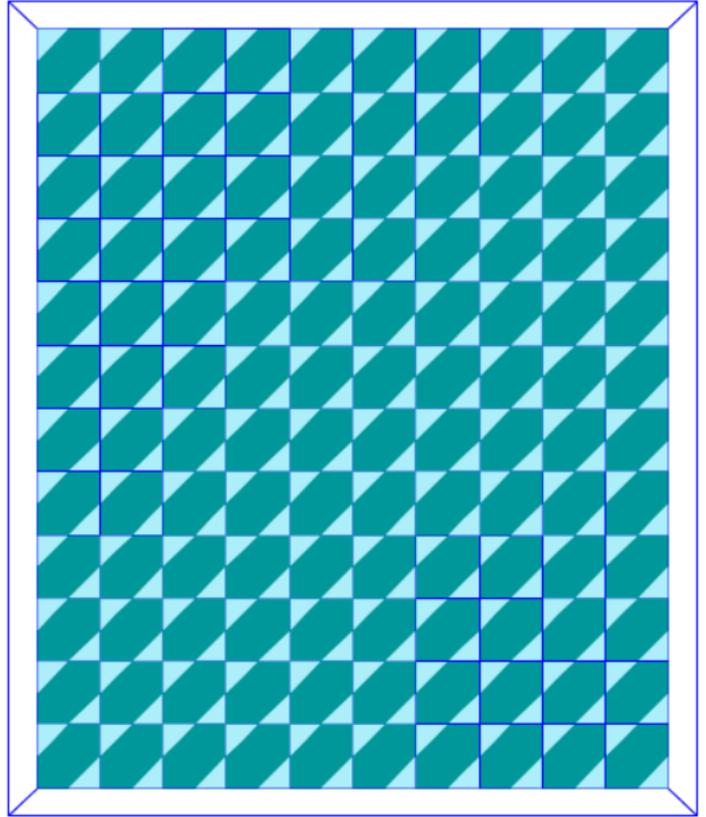
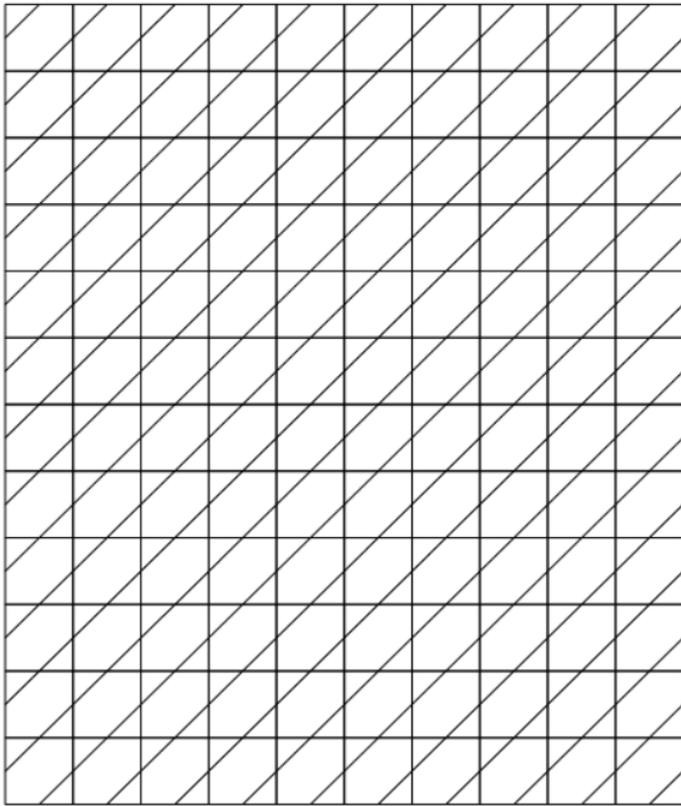
Coloring page: Hugs and Kisses Layout





Coloring page: Classic Layout





Coloring page: Signature Block Layout

